You have an upcoming appointment which has been confirmed. This note is to let you know that we have had fee changes. We have not raised our fees in 10 years despite higher overhead, more staff and many vendor price hikes during that time. Our business is not sustainable in it's current format.

We have restructured our appointment scheduling to 30 minute visits. This shorter and more targeted visit will be more efficient to accomplish less waiting time for you, and less stress on Dr Thomsen. In addition, your insurance coverage should improve with a shorter visit. It does mean repeated visits if multiple tests or symptoms are being followed but it should result in better understanding, simplified plans and better compliance toward your health goals. We are working on structuring in Health Coach visits both apart from and following Dr. Thomsen's consultations.

The new fees are as follows:

Initial Visit (60 minutes) \$650.00

If you have booked and paid your deposit prior to the price change Jan 1, 2016 – this increase does not apply to you

Revisit/Follow-up (30 minutes) \$275.00

The increase <u>does</u> apply to you since we are notifying you in advance and giving you the option of cancelling.

Revisit/Follow-up (60 minutes) \$400.00

The increase <u>does</u> apply to you since we are notifying you in advance and giving you the option of cancelling.

Please note: 60 minute revisit appointments will no longer be available if booking after January 1, 2016.

We know you understand that providing healthcare these days is an expensive undertaking. In the year to come we hope to make changes (group visits, extended providers...) to keep costs in control.

Thank you for your understanding